



# POTAC PSYCHIATRIC OCCUPATIONAL THERAPY ACTION COALITION

Advocacy and Education for Mental Health Consumers, Health Care Providers and the Community

## POTAC AND DOMINICAN HOSPITAL PRESENT TWO DAY-LONG TRAININGS WITH TINA CHAMPAGNE, M.ED., OTR/L

### FRIDAY, APRIL 25, 2008 – A WORKSHOP SENSORY MODULATION, DISREGULATED BEHAVIORS, & RESTRAINT REDUCTION: WHAT IS THE OT ROLE, LEVEL II

#### DESCRIPTION:

This *intermediate level* workshop is designed to enhance the application of sensory modulation approaches throughout the OT process, and applies to consumers functioning at varied levels of occupational performance. Building on skills learned in last year's Level I workshop, you will explore the inter-relatedness of sensory modulation, trauma-informed care, and restraint reduction. Continue to learn about practical assessment tools, treatment planning, and implementation for use in varied mental health care contexts. You will continue to explore creative and practical ideas to incorporate into your practice. – 7 contact hours; \$170 registration (reduced early bird rate \$150), includes 3<sup>rd</sup> edition of Tina's book, *Sensory Modulation & Environment: Essential Elements of Occupation*, and other literature; lunch is included. Registration deadline April 21. Must have attended last year's training or completed study of textbook to qualify for registration.

### SATURDAY, APRIL 26, 2008 – A POST-TRAINING INSTITUTE FOCUS GROUP CONSULTATION & SUPPORT: INTEGRATING SENSORY MODULATION INTO MENTAL HEALTH PRACTICE

#### DESCRIPTION:

This focus group session will provide 10-20 participants with an individualized opportunity to explore best practices in sensory modulation approaches in varied levels of mental health care. Expert consultation, group feedback and support will be offered to each person. Participants will share their current progress and barriers in the movement toward trauma-informed care and restraint reduction. Participants will be guided to identify and document short and long term goals, as well as an overall plan for integrating sensory modulation approaches into their individual practice. Interdisciplinary groups welcome. – 7 contact hours; \$150 registration (reduced early bird rate \$130) must have attended either last year's training or Friday's training to register. Registration deadline March 25.

#### ABOUT THE PRESENTER:

Tina Champagne, M.Ed., OTR/L has been recognized by the Massachusetts Department of Mental Health and the National Association of State Mental Health Program Directors as a national leader in the integration of sensory approaches in mental health care settings. She received the 2006 Carol Trombly Award from the Massachusetts Association for Occupational Therapy for her innovative contributions in mental health care services. Please refer to Tina's website, <http://www.ot-innovations.com> for detailed descriptions of her work, publications, and research.

#### LOCATION, BOTH DAYS:

Dominican Hospital, Education Building, 1555 Soquel Drive, Rooms B1 & B2, Santa Cruz, CA 95065  
The Education Building is a free-standing 2-story building directly behind the main hospital. Free Parking is available directly in front of the Education Building in the Visitor section

LUNCHEON INCLUDED EACH DAY · CERTIFICATES OF ATTENDANCE PROVIDED EACH DAY

COMPLETE INFORMATION & ONLINE REGISTRATION AT <http://www.potac.org/>